

**Register on or before January 7<sup>th</sup> to qualify to win a free registration!**

**REGISTRATION PRICE: \$40**  
(after Wed. Jan. 24<sup>th</sup> price is \$45)  
Student Rate - \$20

We are unable to offer refunds after Jan. 24<sup>th</sup>  
A delicious lunch is included!

**THEME TOPIC: Embracing God's Word for Lifelong Empowerment.** *Morning Session* – Memorizing, Meditating and Praying the Word. *Afternoon Session* – Living the Word. Ruth's passion is to motivate women to embrace life-changing truths through reading, studying, memorizing and applying God's Word. She delights in encouraging women to fulfill their divine potential and calling. Join us as we learn tips for Scripture memorization and see the difference it will make to our lives when we faithfully study, apply and pray God's Word.

**Our Keynote Speaker is Ruth Coghill.** A former teacher and sales executive, Ruth is an international speaker, author and founder of Words To Inspire - Lifelong Empowerment From God's Word. This ministry exists to provide resources to strengthen each person's faith through the memorizing, meditating, studying and applying of God's Word. Ruth has hosted a radio show and many shows are posted on her website [www.wordstoinpire.ca](http://www.wordstoinpire.ca). She is writing four Bible studies called the WOW series: Woman of Worth; Lifelong Empowerment from Psalm 139; Woman of the Word - A Memorizing Scripture Experience; Woman of Wisdom - Covenant Truths Woven throughout the Pages of Ruth; and Woman of Worship - A Walk through the Old Testament Tabernacle and on to New Testament Jesus. Ruth's vivacious personality, love of life and people brings a transparency that is inspiring and empowering to her audiences! (Her materials will be available at Day Apart by cash, cheque and e-transfer.)

## YOUR DAY APART

- 8:30 Registration/Coffee, Juice & Muffins  
9:00 Welcome & Book Table Information  
9:15 **Praise & Worship–Laura Scarborough**
- 9:30 **Ruth Coghill – Session 1**
- 10:45 **Praise & Worship–Laura Scarborough**
- 11:00 Coffee served in workshop rooms
- 11:15 **Morning Workshops (choose one)**
1. Do You Hear the Whisper?
  2. Pressing On Through Hard Times
  3. Old Favourites Made New!
  4. Craft – Coasters
  5. Hearing God
- 12:15 **Lunch**  
Browsing Book Tables
- 1:15 **Afternoon Workshops (choose one)**
6. Do You Hear the Whisper?
  7. Pressing On Through Hard Times
  8. Old Favourites Made New!
  9. Craft – Coasters
  10. Praise & Worship Workshop
- 2:15 **Praise & Worship–Laura Scarborough**
- 2:30 **Ruth Coghill – Session 2**
- 3:30 **Closing Comments & Benediction**

## **“DAY APART”**

*A day for women of all ages ...  
a day for you!*

*Embracing God's Word for  
Lifelong Empowerment*



**SATURDAY, FEBRUARY 3, 2018**  
**8:30 a.m. to 3:30 p.m.**

**GRACE CHURCH (PRESBYTERIAN)**  
447 Port Union Road , West Hill, ON M1C 2L6  
416-284-8424  
[www.gracewesthill.ca](http://www.gracewesthill.ca)

**Keynote Speaker: Ruth Coghill**  
**Special Music: Laura Scarborough**

[www.wordstoinpire.ca](http://www.wordstoinpire.ca)

[ruth@wordstoinpire.ca](mailto:ruth@wordstoinpire.ca)

## **WORKSHOPS**

Choose 2 workshops: one a.m. and one p.m.

**1 & 6 – Do You Hear the Whisper?** *Beth Gray* – He is calling to you; you are made to hunger and thirst for God, to seek relationship. In Psalm 46:10 He says, “Be still and know that I am God.” It is hard to hear a whisper when our day is full of noise and loud voices calling us off in many directions. Let’s help each other to “be still”, to go deeper. You will only truly know Him when you figure out how to be quiet enough to hear what He wants to whisper to you. He wants to talk – to you, the daughter in whom He delights.

**2 & 7 – Pressing On Through Hard Times** *Valda Morris* – The response to Valda’s workshop last year was amazing, so we’ve asked to her come back again. We all feel overwhelmed at times, yet it’s in these struggles that we must press into God and trust Him to help us press on. Valda will share how God has helped her to not merely persevere through the trial, but come out stronger on the other side.

**3 & 8 – Old Favourites Made New and Healthy Too!** *Kathryn Chambers* – We’re delighted to welcome Kathryn back again this year with another interesting food workshop. Join us for a demo on how to make familiar dishes in a new and healthier way. We’ll also learn about herbs in this session. Kathryn’s workshops are always fun and information-packed with nutrition tips you’ll use every day. Let’s learn how to make our old favourites new - and good for us too!

**4 & 9 – Playing with Inks & Create Your Own Coasters** *Marie-Louise Rennicks* – Marie-Louise is a talented artist who will help you make four beautiful tile coasters that you will be proud to use in your home or gift to someone special. You’ll have fun and come away with a lovely souvenir of the day! *Space is limited – register*

*early! (There is an additional charge of \$7 for the craft to cover the cost of the tiles & paints.)*

**5 – Hearing God (a.m. only)** *Anne Fleetwood* – God wants to communicate with His creation and He does so in numerous ways, some of them unique to who we are. But how do I know it’s Him? Engaged in quiet reflection, group discussion and activities, participants will learn how to recognize and hear God as they navigate their faith journey. Presented with Biblical examples and survey results detailing the most common ways Christians hear God, participants will be motivated to spend more time listening, discerning and pursuing God’s desires.

**10 Praise & Worship (p.m. only)** *Laura Scarborough* – Psalm 46:10 says, “Be still and know that I am God; I will be exalted among the nations; I will be exalted in the earth.” This workshop is an invitation to come and worship the Lord through song, scripture and prayer. Join Laura Scarborough and journey together into God’s Presence where He meets us in the fullness of His unfailing love.

## **WORSHIP LEAD & WORKSHOP LEADERS**

Worship Lead *Laura Scarborough* describes herself as a ragamuffin diva – a woman who recognizes her need for a Saviour and celebrates the fact that she is a daughter of the King. At her piano, she leads worship with the desire to bring us into the presence of the Risen Lord Jesus Christ. Laura is married and has two children. She lives in Uxbridge and attends St. Paul’s Presbyterian Church in Leaskdale.

*Beth Gray* – Beth’s life mission is to help women of all ages realize the unique potential God has given to each one, and then to be empowered to live out that uniqueness in the grace of God. She has spent over 20 years in various life affirming ministries, committed to the value and dignity of

all human life, in whatever form. Wife, mom, sister, grandma, teacher, director, consultant, friend, and caregiver – she embraces each invitation God has extended, to become more precisely who He has made her to be.

*Valda Morris* – Valda gave her heart to the Lord as a young girl and has had the awesome privilege of walking with Him ever since. She is an active member of Grace Church involved with children’s ministries, VBS and the worship team. Recently retired from teaching high school for 31 years, Valda has been married to her husband, Mike, for 38 years. They have three grown sons and four grandchildren.

*Kathryn Chambers* is a Registered Dietitian. She studied nutrition at Ryerson and completed her internship at SickKids, where she works in the areas of metabolic, neurology, gastroenterology and hepatology with a focus on nutrition for kids with Short Bowel Syndrome. Kathryn feels blessed that God has given her such an amazing job! She enjoys teaching basic nutrition at Seneca.

*Marie-Louise Rennicks* is an active member of Grace Church and serves on our Board. She is an accomplished artist (paint & stained and fused glass) and manages a busy chiropractic office. Marie-Louise is married and is the mother of four children and grandmother of three.

*Anne Fleetwood*, a hobby painter and former marketing executive, now spends her time speaking to youth and young adults about leadership and spiritual development through a ministry called LAUNCH Youth Unlimited. Anne’s stories, humour and passion for Jesus will inspire you to take the next steps in your spiritual journey. When she’s not making art, riding horses or learning to tap dance, you’ll find her hanging out with family and going on adventures.

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**February 3, 2018**

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Student Rate \$20

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[www.gracewesthill.ca/day\\_apart/](http://www.gracewesthill.ca/day_apart/)

OR

make your cheque payable to

**Grace Ladies Fellowship**

and mail with your completed registration form to

**GRACE LADIES FELLOWSHIP**

447 Port Union Road, West Hill, ON

M1C 2L6

Name: \_\_\_\_\_

Address including postal code: \_\_\_\_\_

\_\_\_\_\_

Phone #: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Circle two workshops – 1 morning, 1 afternoon:

Morning Workshop (1) (2) (3) (4) (5)

Afternoon Workshop (6) (7) (8) (9) (10)

For those registering for the Craft (Workshop 4 or 9) please include an additional \$7 with your payment.

Special Dietary Needs? \_\_\_\_\_

I enclose \$ \_\_\_\_\_ registration fee for myself/others \_\_\_\_\_ (number & names).

Would you like to be notified by email for events at Grace Church, e.g., concerts? \_\_\_\_\_

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